

~ SOUPS & SALADS ~

ITALIAN WEDDING SOUP – CUP \$4 / BOWL \$6
SOUP OF THE DAY – CUP \$4 / BOWL \$6

GARDEN SALAD – SM: \$5 / REG: \$8
MARINATED TOMATOES, CUCUMBER, RED ONION,
CANNELLINI BEANS, FETA, LEMON HERB VINAIGRETTE

SPINACH & QUINOA SALAD – SM: \$5 / REG: \$8
DRIED CRANBERRIES, TOASTED PUMPKIN SEEDS,
PEANUTS, EDAMAME, ORANGE SESAME VINAIGRETTE

CLASSIC CAESAR SALAD – SM: \$5 / REG: \$8
ROMAINE HEARTS, SHAVED PARMESAN, CROUTONS

BERRIES & GREENS SALAD – SM: \$5 / REG: \$8
MIXED GREENS, FRESH BERRIES, CANDIED NUTS AND
FRIED GOAT CHEESE, RASPBERRY VINAIGRETTE

TOSSED SALAD – SM: \$4 / REG: \$7
CUCUMBER, RED ONION, TOMATO, LEMON HERB
VINAIGRETTE

CHICKEN SALAD – \$9
SERVED ON BED OF MIXED GREENS, CUCUMBERS AND
MARINATED TOMATOES, LEMON HERB VINAIGRETTE

ADD ONS: CHICKEN \$5 – SHRIMP \$7 – SALMON \$8

**ASK US ABOUT
CUSTOM CATERING
YOUR NEXT EVENT!**

~ HOUSE FAVORITES ~

ROASTED VEGETABLE PLATE – \$11
PORTABELLA MUSHROOMS, ZUCCHINI, SQUASH, RED
ONION AND BABY SPINACH ON A POLENTA CAKE
TOPPED WITH TOMATO BASIL RAGOUT

MEDITERRANEAN EGG ROLLS – \$9
GROUND LAMB, TOASTED PINE NUTS, CUCUMBER
YOGURT SAUCE

BBQ PORK BELLY POTATO SKINS – \$10
SHARP CHEDDAR, CRÈME FRAICHE

BAKED ZITI – \$14
**VEGETARIAN OPTION AVAILABLE UPON REQUEST*

MISO GLAZED SALMON – \$14
SERVED OVER ASIAN NOODLE SALAD

CREOLE SHRIMP & GRITS – \$14
NUESKE'S BACON, WHITE CHEDDAR GRITS

LOBSTER AND SHRIMP MAC & CHEESE – \$18
COLDWATER LOBSTER TAIL AND SHRIMP TOSSED
WITH PASTA, GRUYERE, CHEDDAR AND PARMESAN

~ FLATBREAD PIZZAS ~

**COOKED FRESH IN HOUSE OR TAKE AND BAKE*

TARTE FLAMBE – \$14
NUESKE'S BACON, CARAMELIZED ONION, ROASTED
GARLIC CREAM, GRUYERE CHEESE

BBQ CHICKEN – \$14
BBQ SAUCE, CHEDDAR, RED ONIONS

MARGARITA PESTO – \$12
TOMATO, BASIL PESTO, FRESH MOZZARELLA,
PARMESAN

3 CHEESE – \$11
ADD PEPPERONI – \$2

~ SANDWICHES & WRAPS ~

SERVED WITH HOUSEMADE PICKLED VEGETABLES UNLESS NOTED

BISTRO CLUB – \$10
ROASTED TURKEY BREAST, BACON, BRIE AND PEPPER
JELLY ON HOUSEMADE BAGUETTE

JERK PORK TENDERLOIN – \$10
SLICED PORK TENDERLOIN, CARAMELIZED ONIONS
AND PINEAPPLE SALSA ON HOUSEMADE BAGUETTE,
SERVED WITH CRISPY PLANTAINS

BBQ PORK BELLY SANDWICH – \$9
SHARP CHEDDAR, TOASTED CIABATTA ROLL

SESTRAS STACK – \$10
CORNED BEEF, COLE SLAW, FRESH CUT FRIES AND
SLICED TOMATO ON HOUSEMADE BAGUETTE

BLACKENED CHICKEN CAESAR WRAP – \$8

VEGGIE WRAP – \$8
ROASTED VEGETABLES AND HERBED GOAT CHEESE
SERVED WITH CUCUMBER DILL SALAD

MUFFALETTA – \$9
HAM, SALAMI AND PROVOLONE SERVED ON A
CIABATTA ROLL WITH OLIVE TAPENADE AND CAJUN
REMOULADE SERVED WITH ORZO PASTA SALAD

~ SIDES ~

PICKLED VEGETABLES – \$3
MARINATED TOMATO SALAD – \$4
CUCUMBER DILL SALAD – \$4
TOASTED ORZO PASTA SALAD – \$4
POLENTA CAKE – \$4 / 2 FOR \$7
FRESH CUT FRIES – \$4
GARLIC PARMESAN FRIES – \$5
WHITE CHEDDAR GRITS – \$5
ROASTED VEGETABLES – \$5
ASIAN NOODLE SALAD – REG: \$5 / LG: \$8

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, OR EGGS
MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY
IF YOU HAVE CERTAIN MEDICAL CONDITIONS*

~ DAILY SPECIALS ~

MONDAY

½ PRICE SOUP WITH ANY SANDWICH OR WRAP

TUESDAY

BUY 2 SIDES, GET 1 FREE
(OF EQUAL OR LESSER VALUE)

WEDNESDAY

BAKED ZITI WITH FREE TOSSED SALAD

THURSDAY

CUP OF SOUP AND SALAD OF YOUR CHOICE
\$10

FRIDAY

BUY ONE FLATBREAD PIZZA,
GET ONE ½ PRICE
(OF EQUAL OR LESSER VALUE)

~ BEVERAGES ~

ICED TEA - \$2

FRESH SQUEEZED LEMONADE - \$2

ARNOLD PALMER - \$2

COFFEE, REGULAR OR DECAF - \$2

COKE / DIET COKE / SPRITE - \$1.50

BOTTLED WATER - \$1.25

SPARKLING WATER - \$3.25



4 SESTRAS



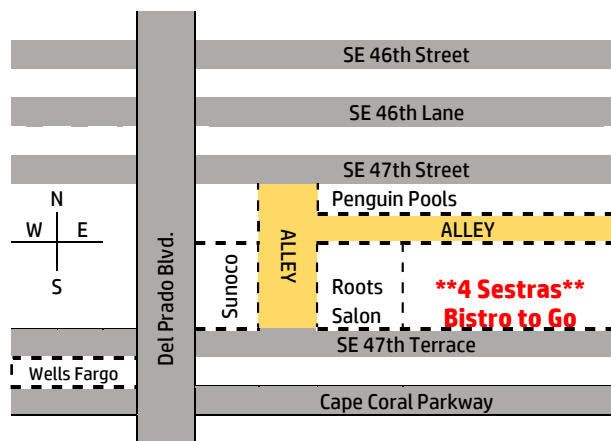
1615 SE 47TH TERRACE
CAPE CORAL, FL 33904

MONDAY - FRIDAY

11AM - 7PM

SATURDAY

11AM - 5PM



CALL AHEAD - EAT IN - ORDER ONLINE

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MENU

FALL 2018



4 SESTRAS



GOURMET TAKEOUT

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